

Newport Hills 09-10 Winter Pool Schedule

Sept. 28th - May 15th

South Pool

TIME	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30 AM	Chinook		Chinook		Chinook		Pool Closed
6:00 AM	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Chinook	
6:30 AM							
7:00 AM							
7:30 AM							
8:00 AM							
8:30 AM	Family/Lap Swim	Family/Lap Swim	Aquacise	Aquacise			
9:00 AM	Aquacise	Swim	Swim	Swim	Swim		
9:30 AM							
10:00 AM	Open/Lap Swim	Pool Closed	Open/Lap Swim	Pool Closed	Open/Lap Swim	Open/Lap Swim	
10:30 AM							
11:00 AM							
11:30 AM							
12:00 PM	Adult Swim	Adult Swim	Adult Swim	Adult Swim	Adult Swim	Adult Swim	Adult Swim
12:30 PM							
1:00 PM	Open/Lap Swim	Open/Lap Swim	Open/Lap Swim	Open/Lap Swim	Open/Lap Swim	Open/Lap Swim	Open/Lap Swim
1:30 PM							
2:00 PM							
2:30 PM							
3:00 PM							
3:30 PM							
4:00 PM	Swim	Swim	Swim	Swim			
4:30 PM	Team	Team	Team	Team			
5:00 PM	Swim Lessons	Novice Lap	Swim Lessons	Novice Lap	Swim Lessons	Novice Lap	Lap Swim
5:30 PM	1 Lap Lane	Masters	1 Lap Lane	Masters	1 Lap Lane	Masters	Lap Swim
6:00 PM		Lap Swim	Aquacise				
6:30 PM							
7:00 PM	Open/Lap Swim	Open/Lap Swim	Open/Lap Swim	Open/Lap Swim	Float Night	Open/Lap Swim	Open/Lap Swim
7:30 PM							
8:00 PM							
8:30 PM	Adult Swim	Adult Swim	Adult Swim	Adult Swim	Open Swim	Ad. Swim	Adult Swim
9:00 PM	There will be at least 2 lap lanes open during all Open Swims. During Swim Lessons, there will be one lap lane from 5-5:30 PM M-Th and 3 Lap Lanes from 5:30 - 6 PM M-Th. - During Masters there will be only one lap lane available from 6-7 PM M/W/F. - Swim Lesson and Swim Team will start Sept. 28th, Dive Team will start Nov. 4th. Dive Team Practice in 7-8:30 PM Tues and 4 - 5:30 Fri. Sign-ups will begin Mon. Sept. 14th for Teams and Lessons. - At least one lap lane will be available during Float Night. - The club will be closed 11/26, 12/25, and 1/1. We will close at 4 PM on 12/24 and at 7 PM on 12/31. - All Programs and lessons will be canceled on days that the Bellevue School District closes school due to weather.						

Once a week Swim Lessons will be offered on Wed and Sat.
Sessions are 4 - 45 Min. lessons