

# **SafeSport Requirement for All Midlakes Participants (Swimmers, Parents/Volunteers, Board, Coaches)**

Starting May 1, 2022, all swimmers will need to be SafeSport trained to compete in Midlakes Swim & Dive League. Midlakes Swim & Dive League is committed to improving the development and safety of athletes and participants involved in swim, dive, and water polo. In an effort to prevent the emotional, physical, and sexual abuse of athletes, Midlakes wants to implement both prevention training and prevention policies. The goal of all trainings is to equip participants with knowledge on how to Prevent, Recognize, and Report sexual misconduct and keep our league safe and fun for all participants.

If Coaches and Swimmers are not trained before your Club's first practice, they will not be allowed to enter the pool until your training is complete. Parents and Volunteers must be trained by June 1. We recommend everyone get trained as soon as possible, so you don't forget and end up rushing to squeeze the training in at the last minute.

## **Descriptions of Training Options Available and Roles:**

### **For Swimmers (Role = Athlete):**

As a swimmer and/or participant at Newport Hills, you are required to take one of the following trainings:

**Swimmers 12 and Under** are required to take the free 15-minute “SafeSport training for Kids” before you will be allowed to swim in practices or meets for Midlakes Swim & Dive League.

**Swimmers 13 and Over** are required to take the free 15-minute “SafeSport training for Youth Athletes” before you will be allowed to swim in practices or meets for Midlakes Swim & Dive League.

### **Parents/Volunteers (Role=Volunteer):**

As a Parent/Volunteer at Newport Hills, you are required to take the free 30-minute “Parent’s Guide to Misconduct in Sport” before you will be allowed to swim in practices or meets for Midlakes Swim & Dive League.

## How to Access the Required Training For Newport Hills

### **Create an Account:**

1. If you do not already have a SafeSport training account, go to:  
<https://safesporttrained.org?KeyName=FSMIDLAKESnewporthills>
2. Select **Enrollment Key** on the landing page and enter the following key where it says “key name”: **FSMIDLAKESnewporthills** (This will ensure your training is linked to Newport Hills).
3. Fill in the required information to sign up. You will not have a Member ID #, so can ignore this. Enter **Midlakes** as the “Name of Sport or Community Organization”. Your “Role” is explained below:
  - Athlete/Participant:   **SafeSport for Kids (Ages 12 and Under)**  
**SafeSport for Youth Athletes (13 and Over)**
  - Parent/Volunteer:     **Parents guide to Misconduct in Sport**
4. Once your info is entered correctly, click the light blue “**Sign Up**” button at the bottom of the web page.
5. From the Welcome page, select “**Catalog**” near the center of the page.
6. From the Catalog, select the appropriate training as detailed above by clicking “**Enroll**”. From there, you can begin the online training session.

Once you have completed your training, your certificate should be saved within the SafeSport training system. You can access it at any time to print your certificate in the future if needed.

*If you have already completed SafeSport training for another sport within the U.S. Center for SafeSport system, please let your Club know so we can link your training to the Midlakes/ Newport Hills account.*